

**Maria Montessori Academy
Interession Cooking Field Experience
at Maria Montessori Academy
October 22nd-26th, 2505 N 200 E, Ogden, UT 84414**

The lead instructor is Casey Swain at cswain@mariamontessoriacademy.org

What you will do and what you will learn

- We will be visiting Smiths Market place.
- We will be shopping for supplies for what we will make.
- We will be participating in various outdoor activities.
- We will be calculating nutritional value and its changes.

What you will need to wear or bring
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- An appropriate clothes, long sleeve shirts, pants, and athletic shoes.
- A jacket depending on the weather.
- \$10 fee to cover the cost of the field trip for food, and supplies (please pay prior to the field trip at the online link or at the office.)

Our Schedule

- We will meet at Maria Montessori Academy.
- We will walk to and from Smiths every day.
- Our class will end on normal school hours.