

## **Alta Overnight Trip Packing List**

- ☐ Daypack
- ☐ Bandana or other multipurpose cloths for napkin use, hand-drying/nose blowing/sweat-wiping
- ☐ Mess kit (bowl, plate, cup, spoon, fork, knife) with mesh bag (the bag will be used to hang your mess kit from a clothesline to dry and can be as simple as a grapefruit bag)
- ☐ 2-3 pairs of socks
- ☐ Underwear for 2 days
- ☐ 1-2 t-shirts
- ☐ 1 long sleeved shirt
- ☐ Base Layers (long underwear)
- ☐ 1-2 pair long pants
- ☐ 1 sweatshirt
- ☐ 1 pair close-toed shoes (think warmth and traction - possible snow and mud)
- ☐ PJs
- ☐ Sleeping bag and pillow
- ☐ Bedroll / Sleeping Pad
- ☐ Winter coat ( for all possible types of weather – snow and rain)
- ☐ Small towel, and washcloth (we will not have showers but sinks can be used to wash)
- ☐ Gallon ziplock bags for wet transport
- ☐ Gloves and beanie
- ☐ Toiletries – no makeup

- ☐ Flashlight
- ☐ Reusable water bottle
- ☐ Cell Phone / Tablet and Charger (cell phone may come on this trip - primarily for taking photos and data project, but it should be used as little as possible)

**Do Not Pack**

- ☐ Make-up
- ☐ Food (Including candy and gum)
- ☐ Drink (Excluding water bottle)