



## Maria Montessori Academy Junior High

Physical Education- beginning team sports/intermediate activities  
**Mr. Swain**

**Course Description:** Students will develop an understanding of rules and regulations for different activities that require physical activity. Skills and game play will be included to enhance sports participation and teamwork. Students will be required to participate in both individual and teamwork activities. When groups are made for teamwork activities accommodations will be made based upon skill level, grade level, and safety considerations.

**Course Expectations:** Students will respect each other and the equipment provided by the school. All equipment must only be used in the appropriate manner. Students may bring shorts and a T-shirt to change in and out of for class. If students decide to bring clothing to change into, shorts must be at least finger tip in length (or as outlined in the school rules), and shirts must at least cover the shoulder. No cut offs or muscle T-shirts allowed. Written assignments will be given. Students will need pencil and paper to complete the tests and or assignments.

### **Textbooks and Materials:**

No text books are given, but students do need the following:

1. writing utensils (pen that has blue or black ink, and or pencil)
2. lined paper or notebook
3. crayons, colored pencils, and or markers

### **Grading Plan:**

Students will not be graded on dress. Students will be graded on knowledge of the rules and regulations of each particular game or activity. Assessments will be given to the students periodically to test their knowledge. Assessment may include but are not limited to; verbal, written, physical (i.e. performing the skill). A total of four points can be earned each class period. One point will be given for each of the following:

- Attendance
- Following Instructions
- Performing the skills or activity
- Showing respect for teacher, fellow classmates and the equipment



## Grading Scale:

A	93-100	C	73-79
A-	90-92	C-	70-72
B+	87-89	D+	67-69
B	83-86	D	64-66
B-	80-82	F	below 64
C+	77-79		

## Course Policies:

Portfolio: Students will be encouraged to reflect upon activities/ assignments completed in class and use their reflections in their portfolios.

Group Activities: Students will have the opportunity to work in teams in a variety of activities.

Homework Expectations: Homework may be assigned during the semester and each student will be given an appropriate amount of time to complete each assignment.

Extra Credit: Extra credit will be given through items donated to the class or equipment.

Absences: When a student misses a class period, he/she may make up the points by completing an assignment given by the teacher. The student will see the teacher for more information.

Citizenship Grade: Students should be responsible citizens in class. Behavior which detracts from the class will not be accepted and the student may receive marks against their citizenship. Tardy, truant, behavior issues, etc. all count as marks. the citizenship grades will be as follows:

H= Honorable

S= Satisfactory

N= Needs improvement

U= Unsatisfactory



## **Class Rules:**

1. Be in seat when the bell rings
2. Bring all supplies everyday to class
3. Complete all homework and turn it in by due date
4. Be positive, patient and supportive
5. Bring water and or healthy snacks
6. Raise your hand for questions
7. Acknowledge the teacher when giving instructions
8. Socialize with classmates only at appropriate times

Donations of the following items are much appreciated:

PE equipment (ie basketballs, soccer balls, footballs, etc.)

Classroom equipment (ie crayons, markers, tissues, paper towels, blank posters, pencils, pens, paper, etc.)

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**I have read and understand the rules for \_\_\_\_\_ class.**

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Parent/Guardian's Email Address: \_\_\_\_\_ and/or \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_