## Maria Montessori Academy

## **Job Shadow Checklist**

With your parents brainstorm safe job shadow opportunities
Select one of your lead possibilities & make contact
Arrange date & find out how to dress appropriately
Turn in Job Shadow form to Ms. Jessica so that you can be excused
Arrange for transportation & food
Get a good night sleep the evening prior to job shadow
Plan for plenty of travel time so that you are on time
Be engaged, ask questions, be attentive
Record your observations of the work environment
Record your thoughts, questions & observations throughout day
What did you like about your experience?
What did you notice that you didn't like about your experience?
How did you finish up your day?
What didn't you expect?
Prepare and practice your 4-5 minute presentation

Write your host a hand written thank you
note.