Name	Class		
CTE Introduction Study guide Feb. 2 & 4 "Power" Cycle III	Know safet y, no il l ness no safet y, know il l ness		
Over view: February is FACS month for us in CTE. FacS is one of the 8 career pathways we study. The goal of teaching this pathway is not only to explore careers, but for you to lear n core knowledge & skills that prepare you for independent living & the workforce, which will increase personal and community well-being.			
Guiding Questions: How can a family most effectively solve problems? How does one prevent food borneillness?			
Checklist:			
Monday			
Input: system -regularly interacting or interdependent group of items forming a unified whole			
Output: What type of communicator are you in your family most of the time? A functional (I need to be picked up at 7, we need milk, my concert is tomorrow) or Emotional (I think, I wonder, I want, I feel)			
Wednesday			
Input:			
Terms			
<u>Food Borne Illness</u> : AKA food poisoning. This occurs when you swallow food or water that contains bacteria, parasites, viruses, or toxins made by these germs. Most cases are caused by common bacteria such as Staphylococcus or E. coli.			
<u>Cross contamination</u> : when bacteria from one food item are transferred to another food item, often by way of unwashed cutting boards or countertops, as well as knives and other kitchen tools, or even unwashed hands.			
Output: Type of washing	Results		
1: cold water (no soap) 10 sec. 2: cold water (no soap) 20 sec. 3: warm water (no soap) 10 sec. 4: warm water & soap 20 sec.			
Conclusion: The best conditions for washing hands are to follow these steps: write on back			

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