

Physical Education

Maria Montessori Academy
Jr. High

Physical Education Overview

Instructor

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Cycles & Themes

Cycle 0 Aug 18-Sept 13
Cycle 1 Sept 14-Oct 25
Cycle 2 Oct 26-Dec 20
Cycle 3 Jan 4-Feb 14
Cycle 4 Feb 15-March 28
Cycle 5 April 5-May 16

Due to the limitations of scheduling, the dynamics of each PE class will determine the activities offered. My goal is to cover the following:

Lacrosse & fitness basics
Tchoukball
Archery

Structure
Forces
Power
Change
Balance

Grading Overview

Two words: PARTICIPATION & ATTITUDE

Citizenship (a.k.a. sportsmanship) Grading

Safety is my primary concern. If at any time I feel that a student needs to be pulled from an activity I will do so with or without warning. Should a student be pulled from an activity more than once in a cycle expect an email or phone call.

Blogs.MariaMontessoriAcademy.org/MsEmily