## Maria Montessori Academy Junior High Field Experience on May 14-15, 2015 Holmgren Historic Family Farms 460 N. 300 E Tremonton, UT 84337

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During the difficult time of adolescence, it is helpful to leave the accustomed environment of the family in the town and go to quiet surroundings in the country, close to nature. The calm surroundings, the silence, the wonders of nature satisfy the need of the adolescent mind for reflection and meditation.

-Maria Montessori

**Purpose:** This Spring Overnight Field Study Experience is much more than a mere field trip for our community. Like all of our field experiences, it is a way of providing our students with a taste of Maria Montessori's vision for adolescents, her "Erdkinder". At camp we will be given multiple opportunities to work with peers and learn how to be an integral part of this community. We will face challenges and have successes as well. In the end our hope is that each student leaves this experience with a sense of balance and joy in our community.

## What you will do and what you will learn

- 1. Foster freedom to act on individual initiative within limits and rules that give necessary quidance.
- 2. Open us all to the wonders of nature and better understand our place in the world.
- 3. Provide programs and activities that build self-confidence, independence, interdependence and socialization skills.
- 4. Provide students the opportunity to enhance personal growth skills such as problem solving, reasoning, communication, and teamwork.
- 5. Provide opportunities to do hands on activities to learn more about space science.

## What you will need to wear or bring

- Comfortable walking/farming shoes
- Jacket/coat
- Sleeping bag, pillow
- Change of clothes
- Warm Pajamas
- Swimsuit and towel
- Rain gear in case of rain
- Toiletries
- Sunscreen, Bug Spray, Chapstick
- Nature journal in ziplock bag
- Pen and or pencil, colored pencils if you choose
- Digital Camera (phones will not be permitted for pictures)

- Flash light for night activities
- Filled Water bottle
- Lunch for May 14<sup>th</sup>
- Breakfast for May 15th
- Tin Foil Dinner in a labeled Ziplock for dinner the first night to be cooked on coals
- Kayak or Paddle Board if you want to use and share it
- Lifejacket!!! Must have if you plan to get in the water

Our Schedule	
May 14 (Thursday)	May 15 (Friday)
9-10:00 Check-in, receive tent assignment, set up tent, & turn in Tin Foil Dinner	8-9:00 Breakfast & Community Meeting
10-12:30 Service Rotations and Lunch	9-10:00 Restore environment, and take down tents
<ul> <li>12:30-3:30 Activity Rotations</li> <li>Archery/story time on blankets (Emily)</li> <li>Dyer's Woad Noxious Weed removal (US Forest Service Project) &amp; Create Dye (Rob &amp; Kevi)</li> <li>Craft with Fallon</li> </ul>	10-2:00 Swim/relax on sand Paddle Board (bring your own) Kayak (bring your own) Alternate activity if rain comes Lunch provided by MMAJH)
3:30–4:00 Nature Journaling	2:00 Pick-up your happy, tired student
4-6:00 Cook Tin Foil Dinners on coals while socializing, eat, clean up	
<ul> <li>6-10:00</li> <li>Paper Personal Reflection Ceremony</li> <li>Sit around fire</li> <li>Drum Circle with Ms. Adrienne and Ms. Kevi</li> <li>Star Gazing with Mr. Rob and Ms. Fallon</li> <li>Storytime with Ms. Emily</li> </ul>	
10:00 Settle into your tents	
11:00 Lights out. Hit the hay	