

Travel Pillow Instructions

Supply List: Two contrasting but blending woven fabrics

Muslin

Thread

Craft Stuffing

Cutting Instructions:

Pillow: Cut two pieces of muslin fabric 10" X 13"

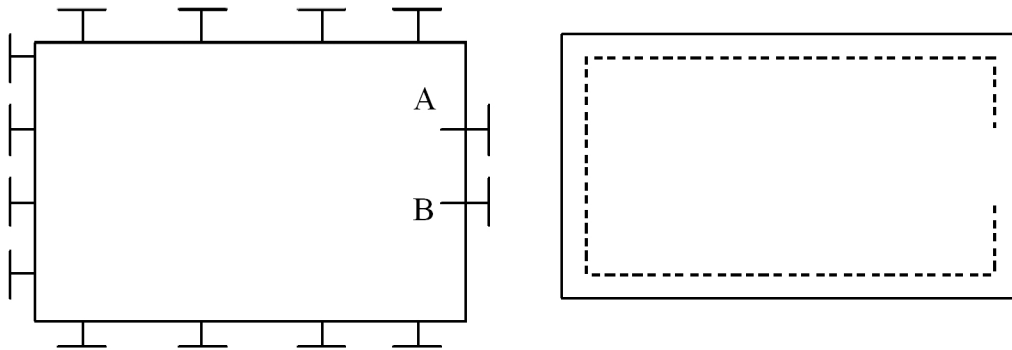
Pillow Case: Body – two pieces 11" X 13"

Band – one piece 7" X 22"

Sewing Instructions:

Pillow-

1. Press muslin flat, matching all sides together
2. Place two pins at point A and B at one of the narrow ends as shown in the diagram.
3. Begin sewing a $\frac{1}{4}$ " seam with out side edge of the presser foot, at point B back stitch at the beginning, pivoting at corners and ending at point A with a back stitch. Do not sew over pins!! There will be an opening between A and B to put stuffing in later.



4. Trim corners; turn pillow inside out; using a point turner to carefully poke out the corners;
5. Press very well using a little spray bottle of water; press raw edges of the opening which is not sewn to the inside. Begin stuffing the pillow by using small amounts of stuffing until the pillow is about 2" thick and evenly stuffed.
6. Finish pillow by pinning opening together before stitching it closed using the inside edge of the presser foot as guide to help keep the seam straight. TIP: Don't try to sew it without pinning it first!!! It doesn't work.