

Sustainability Hike Series

The WSU Energy and Sustainability Office will be leading a series of hikes covering various topics in sustainability. Water conservation, air quality, recycling, and climate science are just a few of the topics that will be covered. Please join us in enjoying the Ogden outdoors while learning how to "go green"! All hikes will start at 9:30 am and meet at the designated trail heads.

May 24th - Water Conservation in Utah
Beus Trail

June 21st - Climate Science
Gibbs Loop

July 12th - Air Quality in the Wasatch Valley
Bonneville Shoreline Trail (Lewis Peak Side- Meet at mouth of Ogden Canyon)

August 16th - Eating Sustainably
Birdsong Trail

September 6th - Recycling Basics and Trail
Cleanup
Strong's Canyon

For more info please call 801-695-1405 or email
stephaniemitts@weber.edu



Wasatch Hikers Wednesday Evening Hiking Group

Wasatch Hikers can be found every Wednesday at 6:30 p.m. hiking a different trail in the Ogden area. Our creed is exercise is good for the body, mind and soul!

The trails in the area are better than the gym. So if you want a group to hang with, or just have time for just one hike, we look forward to meeting a new friend.

For information on our next outing visit: <http://www.meetup.com/webercountyoutdoors/> and check the calendar under the meetups tab.

Progressive Hiking/Outdoor Education

This program is a progressive series designed to give even the most novice hiker the knowledge and experience to tackle mountains. The final hike, in a series of ten, takes you to the highest peak north of King's Peak, at approximately 10,000 ft above sea level, Ben Lomond Peak overlooks Ogden. It is spectacular and an obtainable goal after completing this series. All ten hikes are enjoyable for everyone and take advantage of all the beauty that northern Utah has to offer. We will also be teach a range of outdoor skills.

There will be ten hikes for this offering, all on Saturday mornings. Starting times will depend on the length of each hike and the time of the season.

Bonneville Shoreline; approx. 1.5 to 2 miles
Pineview; north trailhead approx. 3 to 3.5 miles
Middlefork or Northfork; approx. 4 miles
Waterfall Canyon; approx. 3 miles
Coldwater Overlook; approx. 4.5 to 5 miles
Snowbasin Loop (Art Nord trailhead); approx. 6 miles
Indian Trail; approx. 4.5 to 5 miles
Sardine Peak; approx. 8 miles
Skyline Trail; approx. 10 miles
Ben Lomond; approx. 17 miles

Please email outreach@weberpathways.org for specifics

Weber Pathways

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(801) 393-2304

outreach@weberpathways.org

www.weberpathways.org

Also find us on
Instagram, Facebook & Twitter

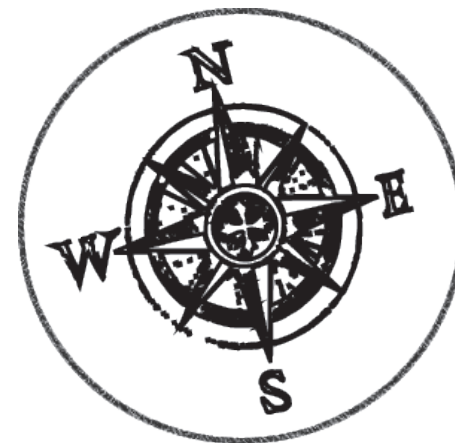
Registration

All Weber Pathways outings are free and open to the public. Registration for outings is not required, but strongly encouraged -- in the event of a cancellation, only registered participants will be notified. Register by calling the name and phone number listed under the outing information (if any).



Spring-Summer Schedule

2014



Outdoor Outings

*Come join us for free, guided outings
with fellow members of our community.*

Weber Pathways

is a non-profit organization whose mission is to promote, plan, construct and protect a network of non-motorized public pathways and related open spaces throughout Weber County, Utah.

Yikes! Science Hikes!

Students and professors from Weber State University's College of Science have joined to share their passion and knowledge on exciting, informational hikes. This year we have expanded our program and will be offering some amazing hikes that will answer some of those lingering questions about the great outdoors.

Our goal is to promote quality hiking experiences by creating connections through awareness, understanding and appreciation of our natural surroundings.

Topics will explore Rocks, Plants, Animals, Your Body, Bugs, Math in Nature, as well as another child/family backpack science hike.

May 10th –Pollinators 29th St. Trailhead at 10:30 AM

Various organisms pollinate flowering plants including most of the plants that you eat! Join zoology and botany leaders in exploring the relationship between native plants and their pollinators.

May 17th – Plant Intelligence Bues Canyon at 10:00 AM

Plants are dynamic organisms that are fully aware of their surroundings. Join our restoration ecologist and discover how smart plants really are.

May 31st – Wildlife Safety, Birds and Botany Come enjoy the new Discovery Trail at AM

- From scat to tracks. A zoology leader will show how to look for signs of wildlife and teach you how to be safe while hiking through wildlife territories in Utah.
- Birding is one of the most popular activities around the world, mostly because birds display a variety of beautiful colors, songs and behaviors. Learn how identify and view the birds that live with and around us. Binoculars can be useful if you have them.
- Botany leaders will introduce you to the local flora and how to identify these plants on your local hiking trails. A hand lens or magnifying glass is helpful.

June 6th – What's a Weed? In conjunction with National Trails Days May 30th GEAR:30@9:00AM

Ever wonder why some plants are considered weeds and others are coveted for beauty or utility? Join a weed specialist to discuss the reasons a plant ends up on the most unwanted list, how to identify these 'weeds', and what we humans do to try to eradicate them.

June 14th – Microbiology Slackwater, Ogden River Parkway @ 7:00 PM

Microbes are important players in ecosystems and food production. Take a walk along the recently rehabilitated Ogden River with a microbiology expert to learn the role of microbes in the ecosystem; then sit down at Slackwater to enjoy libations and take about the microbiology of food!

June 21st – Solstice Astronomy Weber State University Lind Lecture Hall @ 8:00 PM – Trail to be decided by leader

People have used the position of celestial bodies to determine when to plant crops, for navigation, and many other purposes for thousands of years. Celebrate summer solstice with us and learn about Earth's position in the cosmos. Bring a head lamp or flashlight.

June 28th – Geology of the Wasatch Front Indian Trail @ 11:00 AM

Our Earth is a very dynamic planet, constantly changing over time. On this hike geology leaders will take you on a journey through time as you look for evidence of these changes and discuss the forces that shaped the land.

August 23rd – Plant Ecology North Fork Ben Lomond trail @ 10:00 AM

Plants interact with living and nonliving things in many ways. Join our plant restoration ecologist and discover the beautiful complexities of plant ecology.

August 30th – Physiology of Hiking Wheeler Creek @ 10:00 AM

As you hike your heart pumps and you may feel elated. Join zoology experts to learn about the physiology of your body and the health benefits of hiking.

September 13th – Rocks & Minerals Waterfall Canyon @ 10:00 AM

Rocks and minerals are more than just the stuff below your feet. Join a geology expert to learn what rocks and minerals are found along the Wasatch Front and which are economically important.

September 20th – Bugs 36th St., Strongs Canyon @ 9:00 AM

This hike is for bug lovers! Join our expert entomologist to learn about the amazing world of insects. Learn to identify common insects and learn about the delicate relationship between humans and insects.

September 28th – Chemistry around You Art Nord Trailhead to Icebox Canyon at 9:00 AM

Chemistry is all around us. Experience chemistry of the environment and the chemistry within you on this hike led by expert (and entertaining) chemists.

October 4th -- Monitoring Stream Health Beus Canyon @ 10:00 AM

Streams shape the landscape and provide essential ecosystem services, but they are often mistreated. Join geology and botany leaders to learn about of streams and how scientists monitor and try to rehabilitate them.

Contact or more info - 801-682-5545. Our email address is - sciencehikes@gmail.com.