

Name _____

Date _____

Period _____

1. What is the name of the activity or sport you have chosen for this web quest?

2. Who (person or a group of people) is responsible for the origins of the activity/sport?
 - a. Describe events that led up to the development of this activity/sport.

 - b. Historically, when did this activity/sport originate?

 - c. Historically, where did this activity/sport originate?

3. List all equipment necessary for participation in the activity/sport.

4. What playing surface/space is required for participation in the activity/sport?

5. Identify at least 8 rules or guidelines that must be followed to participate in the activity/sport.

6. Identify the physical and mental skills required for successful participation in the activity/sport.

7. Identify official governing bodies that create rules/sanctions for this activity/sport.

8. Explain how participation this activity/sport contributes to a healthy lifestyle.