### Maria Montessori Academy Junior High Field Experience on May 11 – 12, 2016 at <u>Holmgren Historic Farm</u> 460 N. 300 E., Tremonton, UT 84337

The lead instructor is Mr. Rob or (rgarrett@mariamontessoriacademy.org)

The spring overnight trip at the Farm is a culminating field experience to solidify unity in our learning community. It is centered on seeing the Farm in all its seasons and how life on a farm changes throughout the year. It is an opportunity to make connections with the environment and others.

### What you will do and what you will learn

- Support each other with encouraging words and physical labor
- Experience the farm in all of its seasons
- Participate in service readying garden beds and planting seeds for Fall harvest
- Continue our bird observation and data collection
- Read and reflect continue writing in nature journals
- · Prepare, cook, and cleanup of meals
- Participate in community learning and recreational activities

### What you will need to wear or bring

- Comfortable, modest clothing (non-dress code is ok) for outdoors
- SEE ATTACHED PACKING LIST
- We will be swimming/wading in the pond You MUST bring a lifejacket if you want to swim

#### Our Schedule

### MAY 11

- 9:00 a.m. Guardians drop student off at Holmgren Historic Farm –
   attendance taken Students turn in labeled foil dinner in a Ziploc bag
- 9:10 a.m. 10:30 a.m. Tent setup in designated areas acclimate and exploration
- 10:30 a.m. 11 a.m. Community meeting
- 11:00 a.m. 12:00 p.m. 1st Rotation
- 12:00 p.m. 1:00 p.m. Lunch
- 1:00 p.m. 4:00 p.m. 2<sup>nd</sup> 4<sup>th</sup> Rotations
- 4:00 p.m. 5:00 p.m. Free Time/Dinner prep
- 5:00 p.m. 6:00 p.m. Dinner
- 6:00 p.m. 7:00 p.m. Evening Speaker
- 7:00 p.m. 9:00 p.m. Campfire/S'mores Board games Community Music

- 9:00 p.m. 10:00 p.m. Sleeping Preparations Tent time
- 10:00 p.m. Lights Out

## MAY 12

- 8:00 a.m. 9:00 a.m. Parfait Bar Breakfast
- 9:00 a.m. 9:30 a.m. Community Meeting
- 9:30 a.m. 10:15 a.m. Nature Journaling
- 10:15 a.m. 11:00 a.m. Break Camp and Restore
- 11:00 a.m. 11:30 a.m. Closing Ceremony
- 11:30 a.m. 1:45 p.m.- Water activities lawn games
- Lunch is served from 12:00 p.m. 12:45 p.m.
- 1:45 p.m. 2:00 p.m. Guardian picks student(s) up

### Who to contact about carpools

o See blog for Wejoin link

# FIELD TRIP PARENTAL PERMISSION

Maria Montessori Academy

Date: April 14, 2016

Dear Parent or Guardian:

Our class 7<sup>th</sup> and 8<sup>th</sup> grade students are engaging in an overnight field trip to Holmgren Historic Farm May 11-12, 2016. Please arrange to drop your child off at 460 N. 300 E., Tremonton, UT 84337 at 9:00am on Wednesday May 11<sup>th</sup> and plan to pick up your child on Thursday May 12<sup>th</sup> at 2:00pm. This Spring Overnight Field Study Experience is much more than a mere field trip for our MMAJH community. Like all of our farm field experiences, it is a way of providing our students with a taste of Maria Montessori's vision for adolescents, her "Erdkinder." We will be preparing food, offering service to the farm, continuing our efforts in our nature journal, and working in cooperative groups to accomplish tasks which we will rotate throughout the two days.

We will be doing optional water activities and a certified lifeguard will be on hand. If your child wishes to participate in water activities they must bring their own life jacket.

Parents are responsible to transportation to and from Holmgren Historic Farm. (There may be a few, limited, Certified Drivers available to help).

I give my permission to have my child, identified below, participate in this event. I furthermore agree to release Maria Montessori Academy and Holmgren Historic Farm together with its employees, agents, and volunteers from any and all liability, claims, demands, breach of warranty, negligence, actions, and causes of action whatsoever for any loss, claim damage, injury, illness, attorney's fees or harm of any kind or nature arising out of my child's participation in the field trip. This release extends to any claim made by parents or guardians or their assigns arising from or in any way connected with the aforementioned activities.

Student's Name	<del></del>
Parent or Guardian's Signature	Date

### Informed Consent and Waiver and Release

Injury may result from your participation in the <b>Holmgren Historic Farm</b> May 11 & 12, 2016. You are expected to familiarize yourself with the activity, what is required, and the rules of conduct for the activity. You are expected to wear appropriate safety equipment and follow proper operating procedures, including safety procedures as outlined by the coordinator, plus any directions given by an authorized person.	
I,, acknowledge that I have familiarized myself with the activity and what is required, wear appropriate safety equipment, including a helmet, will follow the rules of conduct, will follow the operating procedures, and will follow any directions given by and authorized person.	
(Signature of Participant)	
The undersigned, the legal guardian of the above identified participant, in consideration of participant's participation in the activity do hereby agree to this waiver and release.	
I recognize that participation in the activity may involve moderate to strenuous physical activity and may cause physical and/or emotional distress to participants. There may also be associated health risks. I state that participant is free from any known heart, respiratory or other health problems that could prevent participant from safely participating in any of the activities.	
I certify that I have medical insurance or otherwise agree to be personally responsible for the costs of any emergency or other medical care that participant receives. I agree to release the School, the State of Utah, the sponsor of the activity and their agencies, departments, officers, employees, agents, and volunteers from the cost of any medical care that participant receives as a result of participation in the activity.	
further agree to release the School, the State of Utah, the sponsor of the activity, and their agencies, departments, officers, employees, agents, and volunteers from any and all liability, claims, demands, oreach of warranty, negligence, actions, and causes of actions whatsoever for any loss, claim, damage, injury, illness, attorney's fees or harm of any kind or nature to me arising out of participant's participation in the activity. This release extends to any claim made by parents or guardians or their assigns arising from or in any way connected with the aforementioned activities.	
Consent	
Consent is expressly given, in the event of injury, for any emergency aid, anesthesia and/or operation, f in the opinion of the attending physician, such treatment is necessary.	
have carefully read and understand the contents of the foregoing language, and I specifically ntend it to cover participant's participation in the above-referenced activity.	
VameDate	
Signature of Parent/Guardian	

# Liability Release, Waiver, Discharge and Covenant Not To Sue

This Plantity Verease, warver, Discharge and C	ovenant not to due, (neremanter referred to as
"Release"), executed by	(your name), parent/guardian of
(student's nan	ne), to Maria Montessori Academy, (hereinafter
referred to as "MMA"), North Ogden, Utah.	,, (

#### For the following:

Field Trip Activity: Holmgren Historic Farm

Location of Activity: 460 N. 300 E., Tremonton, UT 84337

Date of Activity:

Wed. May 11 at 9:00 am until Thurs. May 12, 2016 at 2:00 pm

Transportation via:

Parents (and a few limited certified drivers) will be responsible for

transportation to and from the Farm

This Spring Overnight Field Study Experience is much more than a mere field trip for our MMAJH community. Like all of our field experiences, it is a way of providing our students with a taste of Maria Montessori's vision for adolescents, her "Erdkinder." We will be preparing food, offering service to the farm, continuing our efforts in our nature journal, and working in cooperative groups to accomplish learning tasks that we will rotate throughout the two days.

- 1.0 As a parent of a student of MMA I desire my child to participate in the field trip listed above, and I fully understand the dangers, hazards, and risks inherent in the activity, in the transportation to and from the Activity including, but not limited to, automobile accidents, theft of personal property. I further understand and expressly acknowledge that my child's participation in the activity is not required by MMA and that it is voluntary and my own decision. I further understand and acknowledge that if my child travels to the activity in a personal vehicle owned or rented by the driver, that MMA will not insure such private vehicle nor will it insure commercial vehicles, and that the owner and/or driver shall be responsible for providing automobile insurance which adequately, and in conformance with the law, covers the occupants, including passengers.
- 2.0 I acknowledge that my child is expected to conduct him/herself responsibly throughout the activity and will conform to the laws of the State of Utah and policies of MMA, including but not limited to any such laws or policies pertaining to alcohol consumption and/or drug use, etc.
- 3.0 Knowing the potential dangers, hazards, and risks of such activities, and in consideration of permitting my child to participate in the activity, on behalf of myself, my family, heirs and personal representatives, I, the undersigned, are to assume all risks inherent in the activity, the transportation, and in any independent activities undertaken as an adjunct hereto, and in advance release, waive, and forever discharge, and covenant not to sue MMA, its governing board, officers, agents, employees (hereinafter collectively referred to as "releases"), from

and against any and all liability for any harm, injury, damage, claims, demands, actions, cause of action, costs, and expenses of any nature that I may have or that may hereafter accrue to me, arising out of or related to any loss, damage, or injury, including but not limited to, suffering and death, that may be sustained by my child or by any property belonging to my child, whether caused upon, or in transit to or from the premises where the activity, or any adjunct to the activity occurs, or is being conducted.

- 4.0 I understand and agree that Releasees do not have medical personnel available at the location of the activity. I agree and hereby grant Releasees permission to authorize emergency medical treatment, if necessary, and that such action by Releasees shall be subject to the terms of this document. I understand and agree that Releasees assume no responsibility for any injury or damage that might arise out of or in connection with such authorized emergency medical treatment.
- 5.0 In signing this Release, I acknowledge and represent that I have fully informed myself of the content of the foregoing by reading it before I sign it, and I understand that I sign this Release as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written statement, have been made. I understand that MMA does not require my child to participate in the Activity, but I want my child to do so, despite the possible risks and despite this Release. I further state that I am at least eighteen (18) years of age and fully competent to sign this Release; and that I execute this Release for full, adequate and complete consideration fully intending to be bound by the same. I further state that there are no health-related reasons or problems which preclude or restrict my child's participation in the Activity, and that I have adequate health insurance to provide for and pay any medical costs that may be attendant as a result of injury to my child.

6.0 I further agree that this Release shall be Utah. If any term or provision of this conflict with any governing law, the verthereby.	Release shall be	held illegal, unenforceable	e, or in
I have executed this Release this	Day of	(month),	_(year).
THIS IS A RELEASE OF LEGAL RIG UNDERSTAND BEFORE SIGNING. PARENT/GUARDIAN OF PARTICIPAN		ND BE CERTAIN YOU	
(Print Name)	manaare-ur-ar-ur-alimmeur direktrist-		
(Signature)			

(Date)

# Packing List for Over Night Trip to Holmgren Farm

- Foil dinner in labeled ziplock baggie (for first day evening)
- Cold lunch for first day (a cooler will be provided if you need to store it)
   \*\*breakfast and lunch will be provided to students on Thursday
- Mess kit
- water bottle (No soda or energy drinks)
- Healthy snacks (ex. Granola bars, fruit (dried or fresh), vegetables, trail mix or nuts, "healthy" type chips/crackers)
- Backpack or some kind of tote (to carry water bottle and cold lunch during wetlands exploration)
- Sun protection (hat and/or sunscreen)
- Sleeping bag
- Sleeping pad
- Pillow
- Tent; 4 person or more (if you are assigned to have one) (single tents are ok)
- Pajamas
- Jacket
- Rain Gear (if appropriate)
- Headlamp or Flashlight
- Multi Tool (optional, and must report that you have one so teachers are aware)
- Toothbrush/Toothpaste, Toiletries
- Earplugs
- Insect Repellent
- Change of clothes
- Extra pair of shoes/boots
- Swimsuit, or something you can get wet
- Towel
- Gloves (for farm work)
- Bandana (optional)
- Lifejacket (optional if you want to swim)
- Pen or Pencil
- Digital Camera (phones will not be permitted for pictures)

### Don't Forget -

All Medication in its original container with written and signed instructions, should stay in the possession of an adult at all times.