

MMA River Rafting

Destination Sports
Weber River Adventures Base Camp
North, Henefer Frontage Rd
Henefer, UT 84033

August 27th, 2019

“Rivers run through our history and folklore, and link us as a people. They nourish and refresh us and provide a home for dazzling varieties of fish and wildlife and trees and plants of every sort. We are a nation rich in rivers.” - Charles Kuralt



Overview and Objectives

River Rafting is the beginning of our journey together where students can explore, develop, and challenge themselves in a variety of ways. The rivers that surround us serves as the canvas for exploring ourselves, our community members and setting an intention for the upcoming school year. Our river rafting trip will help students to deeply connect themselves to the stewardship of the land and its history.

We welcome new community members and honor past community members. As our community changes and morphs we learn about ourselves and decide who we want to be within our community. We set an intention individually and collectively; we adapt and change. You have the ability to create something strong, caring, and peaceful.

What You Will Do & Learn

- Raft a portion of the Weber River
- Team building activities.
- Reflect and discuss.
- Learn the history of settling the area and hold a town hall.

Guiding Questions

- How do I want to contribute to my community?
- How will I challenge myself this next year?
- What is community?

What You will Need to Bring

- Cold sack lunch
- Reusable water bottle
- Sunscreen & Hat
- Wear clothing that can dry; swimsuits are not needed