

# Week 1 Specials

\_\_\_\_\_ has completed the following specials works:

(check if complete)

Art \_\_\_\_\_

Music \_\_\_\_\_

PE \_\_\_\_\_

Initials: \_\_\_\_\_  
(student)

\_\_\_\_\_   
(parent)

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# Week 2 Specials

\_\_\_\_\_ has completed the following specials works:

(check if complete)

Art \_\_\_\_\_

Music \_\_\_\_\_

PE \_\_\_\_\_

Initials: \_\_\_\_\_  
(student)

\_\_\_\_\_   
(parent)

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Hello Artists,

So far, this year in art you have learned a lot about how to be creative and work as a community of artists in an art studio. Your challenge this week is to work with your family to design a space for you to be creative from home. This will be a dedicated space for you to use whenever you feel the urge to create. But remember, being an artist can be very messy! You will also be tasked to care for this space, keeping it stocked with supplies, organized, and free of clutter.

Have fun with this, be creative, and take good care of your space :)

Send me a photo of you in your art space if you are able to, I would love to see your creativity over the next 2 weeks!

[ayost@mariamontessoriacademy.org](mailto:ayost@mariamontessoriacademy.org)

Ms. Andria  
MMA Art

## **Assignment 1**

Part 1: Design your home art space

Part 2: Be creative

Part 3: Care for your art space

### Ideas for Creating a Home Art Space:

1. Set up an art table or desk.
2. Set up an easel.
3. Set up an art wall space with paper, chalkboard, or bulletin board.
4. Set up a portable art kit
5. Set up an art studio (if you are lucky enough to have an extra room dedicated to the arts)

\*\*Use a space that you don't mind getting messy or that is easily washable (such as the kitchen, utility room, porch, garage, or basement). Or simply take the painting activity outside if weather permits.

### Art Materials to Consider

1. Paper (or something similar to draw, collage, and paint on such as sketchbook, cardboard, or canvas)
2. Drawing materials (crayons, markers, colored pencils, oil pastels)
3. Painting materials (tempera paint, watercolor palette, liquid watercolors, finger paint)
4. Collage materials (geometric stickers, buttons, colored tissue paper, pasta, googly eyes, feathers, washi tape)
5. Printmaking materials (stamps and ink pad, water based ink, brayer)
6. Sculpture materials (wood craft sticks, toothpicks, pipe cleaners, wood scraps, string, fabric, and needles)
7. Modeling materials (playdough, clay, modeling tools, rolling pin, cookie cutters)
8. Tools for art (scissors, tape, colored masking tape, glue, paint brushes)

\*\*I suggest leaving just a few materials out at a time on the work space and possibly a few more accessible nearby. A few well-curated art materials inspire creativity and art-making. Too many can be overwhelming.

### Clean-Up Materials to Consider

1. Rag
2. Spray bottle
3. Drop cloth or newspapers
4. Trash can
5. Broom
6. Cups , boxes, or bins to keep things organized

Hello Artists,

This week you will be recording your creative experiences with short art challenges into a homemade sketchbook. These challenges should take you about 15 minutes to complete each day. I would love for you to bring these sketchbooks into class when we return to school so I can see your creativity!

Ms. Andria  
MMA Art

## **Assignment 2**

Daily Art Challenges

### **Monday:**

#### Sketchbook

Staple, sew, clip, or fold yourself a sketchbook to use this week (about 5-10 pages)  
Design your cover art to show your personal style.

### **Tuesday:**

#### Color Theory

Look around your yard and house, and find 1 object from every color of the color spectrum and arrange them into a rainbow or color wheel.

- Basic colors: red, orange, yellow, green, blue, violet.
- Advanced colors: red, red-orange, orange, yellow-orange, yellow, yellow-green, green, blue-green, blue, blue-violet, violet, red-violet

Sketch your arrangement into your home-made sketchbook

### **Wednesday:**

#### Abstraction

Lay down outside and watch the clouds. See what shapes you can see in the clouds.  
Sketch what you see into your home-made sketchbook.

### **Thursday:**

#### Realism

Take your sketchbook into your bedroom and draw what you see. You can draw a toy, your bed, out your window, a book, or anything you see.

### **Friday:**

#### Calligraphy

Use a blank page of your sketchbook to write your name in your best cursive handwriting. Decorate the page.



Hello Athletes,

This far in the year you have played a lot of games and exercised with your class. Now it is time to take your exercise home. Remember during this time that getting outside and moving often will have a huge impact on your mental health, stress levels and overall well-being. Your body needs you to move! Please get at least one hour of activity a day. Be proactive about planning for this time and have fun!

### *Week 1*

#### Assignment 1

Part 1: Go for a twenty-minute walk every day.

Part 2: Be safe. Have your parents/guardians approve your route and time you'll be returning. Take a buddy.

Part 3: Move quick enough to feel your body temperature get warm and your breathing get faster.

Part 4: Enjoy your surroundings and pay special attention to any beauty that you notice. Exploration is encouraged!

Part 5: Record your walk on the tracking sheet and have your parents sign off and date it each time you complete it.

#### Assignment 2

You will be given an exercise calendar for the week. Please do the exercises and have one of your parents/guardians sign off on the calendar when you complete the exercises. Be prepared to return the calendars at the end of the two weeks. The Monday and Tuesday of the first calendar just write what physical activity you did those days since you didn't get this assignment until Wednesday.

### *Week 2*

#### Assignment 1

Part 1: Go for a twenty-minute walk every day.

Part 2: Be safe. Have your parents/guardians approve your route and time you'll be returning. Take a buddy.

Part 3: Move quick enough to feel your body temperature get warm and your breathing get faster.

Part 4: Enjoy your surroundings and pay special attention to any beauty that you notice. Exploration is encouraged!

Part 5: Record your walk on the tracking sheet and have your parents sign off and date it each time you complete it.

#### Assignment 2









You will be given an exercise calendar for the week. Please do the exercises and have one of your parents/guardians sign off on the calendar when you complete the exercises. Be prepared to return the calendars at the end of the two weeks.

#### Extra Credit

If you want an extra challenge, you can create your own WOD (Workout of the Day) and create a video of you doing it or coaching it. You can send the video to [Szollinger@mariamontessoriacademy.org](mailto:Szollinger@mariamontessoriacademy.org). Those who do this extra work will receive a special fitness prize when they return to regular school.

Name \_\_\_\_\_

## WALK CHALLENGE -- TASK SHEET

|       | MINUTES | COMPLETED<br>✓ | SELF-ASSESSMENT<br>(circle one)  | PARENT SIGNATURE |
|-------|---------|----------------|--|------------------|
| DAY 1 |         |                |    |                  |
| DAY 2 |         |                |    |                  |
| DAY 3 |         |                |    |                  |
| DAY 4 |         |                |    |                  |
| DAY 5 |         |                |   |                  |
| DAY 6 |         |                |  |                  |
| DAY 7 |         |                |  |                  |
| DAY 8 |         |                |  |                  |





# Music

## Talent Show Project

### Week 1

1. Find music from 5 different genres you don't normally listen too and pick a song you like from each. Some examples are:
  - Musical Theatre
  - Pop
  - Rock
  - Classical
  - Jazz
  - Folk Music
  - Country
2. After you find a song you like from each genre write down the name of those songs; this will be used in next week's project.

### Week 2

1. Pick your top favorite song out of all of these.
2. Once you have narrowed it down to 1 song, turn this song into a creative project. **You only need to do 1 project - Pick 1 option below.**
  - Learn this song to sing for the class
  - Find the meaning of this song. Create an art project that shows this meaning. (no need to sing for this project)
  - Choreograph a dance to the song
  - Write a poem about the person or ideas in this song.
  - Write a story about the person or idea in this song.
3. We will have a talent show in class where each student can perform or show their project to the class.